



Key Reading for All Modules

Level One

TISSUE FUNCTION & DYSFUNCTION

Clemente C nd Anatomy (4th edn). Urban and Schwarzenburg, Baltimore
 Netter F 2006 Atlas of human anatomy (4th edn). Novarti, New Jersey
 Cailliet R 1996 Soft tissue pain and disability. FA Davis

PROFESSIONAL SKILLS

IPP Handbook. 2004 The College of Osteopaths
 Programme handbook. 2013 The College of Osteopaths

MUSCULOSKELETAL TISSUE DYNAMICS

Low J, Reed A 1996 Basic biomechanics explained. Butterworth-Heinemann Ltd
 Frankel W, Nordin M 1989 Basic biomechanics of the musculoskeletal system.
 Lippincott, Williams and Wilkins
 Hamill J 2003 Biomechanical basis of human movement. Lippincott Williams and
 Wilkins
 Tortora G J, Derrickson B 2005 Principles of anatomy and physiology (11th edn).
 John Wiley and Sons (WIE)
 Hoppenfeld S 1976 Physical examination of the spine and extremities. Prentice Hall
 Stone R, Stone J 2005 Atlas of the skeletal muscles (5th edn). McGraw-Hill
 Education (ISE Editions)
 Kahle W, Leonhardt H, Platzer W 1992 Colour atlas/text of human anatomy,
 volume 1. locomotor System (4th edn). Thieme Publishing, New York

OSTEOPATHIC SKILLS

Hoppenfeld S 1976 Physical examination of the spine and extremities. Prentice Hall
 Tucker C, Deora T 1995 Fundamental osteopathic techniques. Research
 Publications Pty, London
 Hartman LS 1998 Handbook of osteopathic technique(3rd edn).

Chapman & Hall, Oxford
Chaitow L 2003 Palpation Skills. Churchill Livingstone, London.

FORM AND FUNCTION

Hinwood B 2004 A textbook of science for the health professions.
Nelson Thornes Ltd
Marieb E N 2003 Human anatomy & physiology (4th edn). Addison Welsley,
New York
Martini F 2001 Fundamentals of anatomy and physiology (5th edn).
Prentice-Hall International, New Jersey
Tortora G J, Derrickson B 2005 Principles of anatomy and physiology (11th edn).
John Wiley and Sons (WIE)
Tortora G J, Grabowski S R 2003 Introduction to the human body, the essentials of
anatomy & physiology (6th edn). John Wiley and Sons (WIE)

CLINICAL OSTEOPATHY (1)

Argyle M 1994 The psychology of interpersonal behaviour (4th edn). Penguin Books
Ltd, London
Faulkner A 1997 Effective interaction with patients (2nd edn). Churchill
Livingstone, London
Management of Health & Safety at Work. 2000 Health and Safety Executive (HSE)
Hoppenfeld S 1976 Physical examination of the spine and extremities. Prentice Hall

Level Two

NATURAL THERAPEUTICS

Newman Turner R 2000 Naturopathic medicine. Health Advisory
Lectures and Literature, Letchworth
Murray M, Pizzorno J 2002 Encyclopaedia of natural medicine. Time, USA
Lindlahr, H 2004 Natural therapeutics Vol I philosophy.
Kessinger Publishing, Whitefish, Montana USA
Davey B 2001 Health & disease - a reader(3rd edn). Oxford University Press, Oxford
Nelson-Jones R 2005 Practical counselling and helping skills. Sage Publications Ltd

CLINICAL OSTEOPATHY (2)

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins,
USA
Sammut E, Searle-Barnes P 1998 Osteopathic diagnosis. Stanley Thornes Ltd
DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment
(3rd edn). Lippincott Williams and Wilkins , USA.
Tucker C, Deoora T 1995 Fundamental osteopathic techniques. Research
Publications Pty, London
Brazier M 2003 Medicine, patients and the law (3rd edn). PenguinBooks Ltd
Ellis R (ed) 1989 Professional competence and quality assurance in the caring
professions. Nelson Thornes Ltd

Faulkner A 1997 Effective interaction with patients (2nd edn). Churchill Livingstone, London

CLINICAL OSTEOPATHY (3)

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA

Sammut E, Searle-Barnes P 1998 Osteopathic diagnosis. Stanley Thornes Ltd

DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment (3rd edn). Lippincott Williams and Wilkins , USA.

Tucker C, Deoora T 1995 Fundamental osteopathic techniques. Research Publications Pty, London

Brazier M 2003 Medicine, patients and the law (3rd edn). PenguinBooks Ltd

Ellis R (ed) 1989 Professional competence and quality assurance in the caring professions. Nelson Thornes Ltd

Magee DJ 2005 Orthopaedic physical assessment (4th edn). WB Saunders Co. Ltd., USA

Bates B. 2004 A Guide to Physical Examination and Case History Taking (7th edn). Lippincott Williams and Wilkins , USA.

Beers MH, Berkow R. 2006 The merck manual of Diagnosis and therapy (18th edn). Merck Publications

OSTEOPATHIC PRACTICE (Exploration & Analysis)

DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment (3rd edn). Lippincott Williams and Wilkins , USA

Hartman LS 1998 Handbook of osteopathic technique(3rd edn).

Chapman & Hall, Oxford

Kenna & Murtagh 1997 Back pain & spinal manipulation. Butterworth-Heinemann Ltd.

Lintonbon D 2006 The art of HVT (video and interactive CD-ROM/DVD)

www.theartofhvt.com. Ambit New Media, Newcastle

OSTEOPATHIC PRINCIPLES IN PRACTICE

Stone C 2005 Science in the art of osteopathy. Nelson Thornes Ltd.

Peterson & Renstrom 2001 Sports Injuries: their prevention and treatment. Taylor & Francis

Kuchera W, Kuchera M 1994 Osteopathic principles in practice. New York. Greydon Press, New York

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA

Sammut E, Searle-Barnes P 1998 Osteopathic diagnosis. Stanley Thornes Ltd

DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment (3rd edn). Lippincott Williams and Wilkins , USA

Carriero J 2003 An osteopathic approach to children. Churchill Livingstone

DYSFUNCTION AND DISEASE

Govan A. T., et al 2000 Pathology Illustrated (5th edn) Churchill Livingstone, Edinburgh
Spector W.G., Axford J 1999 An introduction to general pathology (4th edn). Churchill Livingstone, Edinburgh
Kumar P, Clarke M 2002 Clinical medicine (4th edn). W.B. Saunders Co Ltd. London

Level Three

EVALUATION OF DYSFUNCTION AND DISEASE.

Browning S 2004 Hands on: a clinical companion- steps to confidence in musculoskeletal diagnosis. TFM Publishing
Kumar P, Clarke M 2002 Clinical medicine (4th edn). W.B. Saunders Co Ltd. London

Haslett C 1999 Davidson's principles and practice of medicine (18th edn). Harcourt Brace
Souhami R L, Moxham J 1999 Textbook of medicine (3rd edn). Churchill Livingstone, New York
Hull M, Joyce D, Turner G, Wardle P 1997 Undergraduate obstetrics and gynaecology (3rd edn). Books for Midwives
Oates Jeremy N 2004 Llewellyn-Jones fundamentals of obstetrics & gynaecology (8th ed.), Mosby, USA
Bates B 2004 A Guide to Physical Examination and Case History Taking (7th edn). Lippincott Williams and Wilkins , USA
Gawkroger D 2002 Dermatology: an illustrated colour text. Churchill Livingstone
Longmore M, Wilkinson I, Torok E 2004 Oxford Handbook of Clinical Medicine (5th edn). Oxford University Press
Lumley JSP, Bouloux P-MG, 2001 Clinical examination of the patient. Arnold, London.

RESEARCH SKILLS (1)

Bell J 2005 Doing your research project: a guide for first-time researchers in education, health and social science. Open University Press
Kane M 2004 Research made easy in complementary medicine. Churchill Livingstone
Howard K, Sharp J, Peter J 2002 The management of a student research Project (3rd edn). Gower Publishing Limited
Greenhalgh T 2006 How to read a paper; the basics of evidence based medicine. Blackwell Publishing
Morse M, Field PA 2005 Nursing research: the application of qualitative approaches. Nelson Thornes Ltd., Cheltenham.

RESEARCH SKILLS (2)

Bell J 2005 Doing your research project: a guide for first-time researchers in education, health and social science. Open University Press
Kane M 2004 Research made easy in complementary medicine. Churchill Livingstone
Howard K, Sharp J, Peter J 2002 The management of a student research Project (3rd edn). Gower Publishing Limited
Greenhalgh T 2006 How to read a paper; the basics of evidence based medicine. Blackwell Publishing
Morse M, Field PA 2005 Nursing research: the application of qualitative approaches. Nelson Thornes Ltd., Cheltenham.
Thomas JR, Nelson JK 2005 Research methods in physical activity (5th Ed). Human Kinetics Europe Ltd

OSTEOPATHIC INTEGRATION

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA
Magee DJ 2005 Orthopaedic physical assessment (4th edn). WB Saunders Co. Ltd., USA
Goodman C, Snyder K 1996 Differential diagnosis in manual medicine. Thorsons, London

PROFESSIONAL PRACTICE

The College of Osteopaths 2004 IPP handbook.
The College of Osteopaths 2006 Programme handbook.
The General Osteopathic Council 2005 Register of Osteopaths.
The General Osteopathic Council nd Pursuing Excellence. (GOsC)
The General Osteopathic Council 1999 Standard 2000. (GOsC)
The General Osteopathic Council nd Fitness to Practice. (GOsC)
Lambden P 2005 The osteopath's guide to keeping out of trouble. Radcliffe Medical Press

CLINICAL OSTEOPATHY (4)

Greenman PE 2003 Principles of manual medicine (3rd edn). Lippincott Williams and Wilkins, USA
DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment (3rd edn). Lippincott Williams and Wilkins , USA.
Faulkner A 1997 Effective interaction with patients (2nd edn). Churchill Livingstone, London
Goodman C, Snyder K 1996 Differential diagnosis in manual medicine. Thorsons, London
Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA
Sammut E, Searle-Barnes P 1998 Osteopathic diagnosis. Stanley Thornes Ltd Bates
Bates B. 2004 A Guide to Physical Examination and Case History Taking (7th edn). Lippincott Williams and Wilkins , USA.

Beers MH, Berkow R. 2006 The merck manual of Diagnosis and therapy (18th edn). Merck Publications

LEVEL FOUR

CLINICAL OSTEOPATHY (5)

Greenman PE 2003 Principles of manual medicine (3rd edn). Lippincott Williams and Wilkins, USA

DiGiovanna EL 2004 An osteopathic approach to diagnosis and treatment (3rd edn). Lippincott Williams and Wilkins , USA.

Faulkner A 1997 Effective interaction with patients (2nd edn). Churchill Livingstone, London

Goodman C, Snyder K 1996 Differential diagnosis in manual medicine. Thorsons, London

The General Osteopathic Council 1999 Standard 2000. (GOsC)

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA

Sammut E, Searle-Barnes P 1998 Osteopathic diagnosis. Stanley Thornes Ltd Bates

Bates B. 2004 A Guide to Physical Examination and Case History Taking (7th edn). Lippincott Williams and Wilkins , USA.

Beers MH, Berkow R. 2006 The merck manual of Diagnosis and therapy (18th edn). Merck Publications

VISCERAL OSTEOPATHY

Stone C 2005 Science in the art of osteopathy. Nelson Thornes Ltd, UK

Stone C 1999 Viscera revisited- a workbook. Osteopathic Supplies, UK

Barral JP, Mercier M 2006 Visceral manipulation. Eastland Press, USA

Ward R 2002 Foundations of osteopathic medicine. Lippincott Williams &Wilkins, USA

CRANIAL OSTEOPATHY

Wales, A (Editor) nd Teachings in the science of osteopathy. Eastland Press, USA

Sutherland, W nd The cranial bowl. USA

Magoun, H nd Osteopathy in the cranial field. USA

Upledger J 1987 Beyond the Dura. Eastland Press, USA

Carriero J 2003 An osteopathic approach to children. Churchill Livingstone

Chaitow L 2005 Cranial manipulation theory and practice. Churchill Livingstone

Fryman V 2000 The collected papers of viola fryman. Edward Brothers, USA

NATUROPATHY

Newman Turner R 2000 Naturopathic medicine. Health Advisory Lectures and Literature, Letchworth

Murray M, Pizzorno J 2002 Encyclopaedia of natural medicine. Time, USA

Lindlahr, H 2004 Natural therapeutics Vol I philosophy.

Kessinger Publishing, Whitefish, Montana USA

Davey B 2001 Health & disease - a reader(3rd edn). Oxford University Press, Oxford

Nelson-Jones R 2005 Practical counselling and helping skills. Sage Publications Ltd

Goodman J 1999 Hydrotherapy in the home; handbook for patients.

Unpublished

Please note: individual tutors will advise on the latest publications when they introduce each module. Students are advised not to purchase text books until they have had the opportunity to discuss reading and continuing professional development with each tutor. However, it is recommended that students and prospective students plan ahead in their studies and use local library services to access texts from the reading list. Once enrolled on the programme, students will be issued with an Athens number in order to access the range of University learning resources from anywhere in the country.

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